



Home, Heart & Soul

Flourishing in later life

Please join us for free practical advice and conversations to help you navigate your later years with confidence.

FREE SEMINAR

Date: **Wednesday, 5 August 2026**

Time: **10.30am - 2.30pm**

Venue: **Holy Trinity Church, 352 St Vincent's Road Banyo QLD 4014**

Morning tea and lunch will be provided free of charge.

To register your attendance at the event please call **07 3324 3632** or **07 3324 3200** or register at www.catholicfoundation.org.au/home/home-heart-and-soul-seminar.

Please RSVP on or before Monday, 3 August 2026.

AGENDA

10.30am	Welcome by Parish Priest	Rev Dan Redhead, <i>Parish Priest</i>
10:45am	Financial and retirement planning	Cheynee Stiller, <i>Shadforth Financial Services</i>
11:15am	Legal and estate planning	Vicky Martin, <i>Thynne & Macartney Lawyers</i>
11.45am	Morning tea	
12:00pm	Charitable gifts in Wills	Raushen Perera, <i>Archdiocese of Brisbane</i>
12:30pm	In-home support	Jade Cronan-Thompson, <i>Centacare</i>
1:00pm	Pre-planning funerals	Rebecca Porter, <i>Holy Cross Funerals</i>
1.30pm	Lunch and fellowship	
2.30pm	Finish	



Vicky Martin



Raushen Perera



Cheynee Stiller



Jade Cronan-Thompson